

One week before the ProPeel®

VIVANT SKIN CARE

Date of your ProPeel: _____

Time of your ProPeel: _____

___ Stop using vitamin A and benzoyl peroxide today. You may resume use approximately 15 days after your peel. If you are using Bleaching Lotion Forté switch to Bleaching Cream today and use daily up to the date before your peel. If you are using Skin Brightening Gel you may continue to use it up until the day of your peel.

___ If you have a history of cold sores, fever blisters and/or herpes contact your physician today for an antiviral prescription. You will take the antiviral in the morning on the day of your peel.

___ Please resist picking or scratching your skin the week before the ProPeel.

___ Do not suntanned, get sunburned, windburned or otherwise red in the area of the peel this week.

___ If you wear contact lenses please wear your glasses to the appointment.

___ Do not wear make-up or jewelry to the appointment.

___ Wear comfortable clothing that opens to the front.

___ Drink 8 glasses of water (total of 64 oz.) prior to the ProPeel.

We look forward to seeing you soon.